

Chandigarh

Embracing Buddha's Teachings for a Compassionate Society

As we celebrate the auspicious occasion of Buddh Purnima, let us come together to honor the profound wisdom and teachings of Gautam Buddha. Embrace the values of **compassion, unity, empowerment, and equality** to uplift the downtrodden and foster a harmonious society.

On the auspicious occasion of Buddh Purnima, we extend our warmest greetings and best wishes to all members of our association. Buddh Purnima commemorates the birth, enlightenment, and passing away of Gautam Buddha, the founder of Buddhism. It is a day to remember and celebrate his profound teachings, which have guided countless people towards inner peace and compassionate living for centuries.

On this auspicious day, let us recommit ourselves to the teachings of Gautam Buddha and strive to make a positive impact on the lives of the less privileged members of society. Together, we can build a brighter future for all, where compassion and equality prevail.

Wishing you all peace, happiness, and enlightenment on this Buddh Purnima.



EMBRACING THE LIGHT OF COMPASSION: SEWA'S JOURNEY TOWARDS SOCIAL EQUALITY.

SBI SEWA, Chandigarh

WISHING YOU A SERENE AND ENLIGHTENING BUDDH PURNIMA

May the divine wisdom of Lord Buddha guide us towards harmony, compassion, and social upliftment.

As the General Secretary of the SBI SC ST Employees Welfare Association, Chandigarh Circle, I would like to emphasize the importance of Buddha's teachings in our lives and highlight how they can help us uplift the downtrodden members of society.

- The Four Noble Truths:** The foundation of Buddha's teachings lies in understanding the Four Noble Truths - the existence of suffering, its cause, its cessation, and the path leading to its cessation. As a welfare association, we can draw inspiration from these truths to address the suffering faced by marginalized communities and work together to eliminate its causes.
- The Eightfold Path:** Buddha's Eightfold Path guides individuals towards ethical conduct, mental discipline, and wisdom. By incorporating these principles into our association's objectives, we can empower our members with the knowledge, skills, and opportunities to overcome discrimination and prejudice.
- Compassion and Equality:** Buddha's teachings emphasize the importance of compassion and equality. By practicing these virtues, we can foster an environment of mutual respect, understanding, and support for the less privileged members of our society.
- Mindfulness and Self-Awareness:** Buddha's teachings emphasize the importance of mindfulness and self-awareness. By cultivating these qualities in our lives, we become more conscious of our thoughts, actions, and their impact on others. This awareness helps us to recognize the needs of the downtrodden and enables us to respond with empathy and understanding.
- Interconnectedness:** The Buddhist concept of interconnectedness teaches us that everything in the world is interdependent, and our actions have a ripple effect on others. By acknowledging this interconnectedness, we can work collaboratively to uplift marginalized communities, realizing that their well-being is intrinsically linked to our own.
- Overcoming Greed and Materialism:** Buddha's teachings encourage us to overcome greed and materialism, which are the root causes of many social inequalities. By adopting a simpler and more contented way of living, we can focus our resources and energy on empowering the downtrodden and promoting a more equitable society.



In separateness lies the world's greatest misery; in compassion lies the world's true strength

Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened.

No one saves us but ourselves. No one can, and no one may. We ourselves must walk the path.